

## Shoe & Orthotic Recommendations 2011-2012

### Running/ Walking Shoes

New Balance 811, 856, 927, 1210  
850, 993, 1226, 1442  
Brooks Beast, Addiction, Arenaline GTS  
Asics Gel Tech, Evolution, Kayano  
Saucony Grid Stabil, MC5, Omni  
Nike Air Durham, Kantara  
Etonic Imperial, Pro III  
Adidas Supernova Control  
Ryka, Skechers Shape Ups

### Casual & Elegant Dress Shoes

SAS (Whisper, Free Time, Time Out)  
VTO, Me Too, Side Gore  
New Balance 901, Dunham, Aravon  
Ecco, Clarks, Keen, Mephisto  
Soft Spot (Marathon, Supreme)  
Rockport Margin, World Tour, CC Lane  
Munro's, Hushpuppies, Dansko  
P.G. Lite, Beutifeel, Rieker, Ariat  
Taryn Rose, Michael Toschi

### Sandals/Clogs

Mephisto  
Birkenstock  
Abeo, Spenco  
SAS Huggy  
SAS Trio II  
Sanita, Finn, Naot  
Ana-tech, La Plume  
Dansko, El Natura Vista  
Betula, Aravon, NB 790

### Kids Shoes

New Balance 623,  
687, 740, 993  
Stride Rite  
Skechers  
Adidas Barricade 5  
Adidas Floater

### Court Shoes

Adidas Barricade 5  
New Balance 1004, 900  
K-Swiss Ascender SLT  
Babolat Pulse 3

### Work Boots/Hiking

Carolina  
Magnum  
Wolverines  
NB- 1500, 997, 1520

### Basketball

New Balance 905  
Nike Air Zoom Huarache  
Nike Zoom Kobe IV  
Nike Zoom Lebron VI  
NB cleat 401

### Skate Shoes

Adidas Campus  
Nike air contra  
DC Journal, General  
Lakai

### Web Sites

eastbay.com  
newbalance.com  
zappos.com  
bite.com  
Tillys.com

### Shoe Stores

Al Murray's  
(Park Plaza Shopping Center)  
938 N. Western Ave.  
San Pedro, CA. 90732  
(310) 832-8321

Shoeteria  
17364 Hawthorne Blvd.  
Torrance, CA. 90504  
(310) 921-9811

Evolution Footwear  
23215 Hawthorne Blvd.  
x St.(Lomita Blvd.)  
Torrance, CA (Arjay Plaza)  
(310) 373-7656

Tillys Skate Shop  
2645 Pacific Coast Hwy  
Torrance, CA  
(310) 534-1642

Nordstrom/ Walking Company  
The Galleria at South Bay  
1835 Hawthorne Blvd.  
Redondo Beach, CA. 90278  
(310) 750-1500/ (310) 214-8494

Riviera Comfort Footwear  
255 Avenida Del Norte  
Redondo Beach, CA. 90277  
(310) 316-1605

DSW Shoe Warehouse  
17502 Hawthorne Blvd  
Torrance, CA  
(310) 370-9918

San Pedro Shoes  
1434 W. 8<sup>th</sup> St  
San Pedro, CA 90732  
(310) 831-1733

The Village Runner  
1811A Catalina Drive  
(x street Palos Verdes Dr.)  
Redondo Beach, CA. 90277  
(310) 375-2626

The Village Runner  
1840 N. Sepulveda Blvd.  
Manhattan Beach, CA.  
(310) 546-1888

Chic's Wide Shoes  
22150 Hawthorne Blvd  
Torrance, CA.  
(310) 214-4824

Kid's Foot Locker  
1815 Hawthorne Blvd  
Redondo Beach, CA  
(310) 542-0711

Runner's High  
5358 E. 2<sup>nd</sup> St.  
Long Beach, CA.  
(562) 433-7825

Frontrunners  
11620 San Vicente Blvd.  
Los Angeles, CA. 90049  
(310) 207-0216

New Balance Store  
20611 Hawthorne Blvd.  
Torrance, CA 90503  
(310) 921-2700

Rockport Factory Outlet  
48400 Seminole Drive  
Cabazon, CA. 92230  
(951) 849-6799

Stride Rite Bootery  
13 Del Amo Fashion Sq  
Torrance, CA.  
(310) 371-6800

Foot Pro  
134 N. Gaffey  
San Pedro, CA.  
(310) 831-7367

Road Runner Sports  
25355 Crenshaw Blvd.  
Torrance, CA.  
(310) 326-8530

SAS Shoe Store  
2825 Pacific Coast Hwy  
Torrance, CA.  
(310) 325-4727

### OTC Orthotics (Arch Supports)

Spenco Flat Insoles  
Spenco Polysorb Crosstrainer  
Spenco ¾ Length

Sof Sole: Sof Athlete Plus  
Sof Sole: Sof Gel Heel Cup  
Powerstep, Sole

Superfeet  
New Balance: Stabilizer,  
Pressure Relief